



**TODAY'S SHOWCASE TOPIC:
How You Can Improve Outcomes
with the BPSE Model: Introducing
the Praxis Partners Consortium .**

**March 26, 2014
2:00 – 3:00 PM EDT**

Technical Details

- Conference call for audio participation:
 - 530-881-1212
 - Meeting ID: 480-915-567
 - Please mute your phone
- www.weability.md/praxis/showcase for session info, biographies of panelists, and feedback form.
- This session is being recorded.

Technical Help

- Screen sharing problems: **(800) 644-9070**
- Call Anita at **508-358-5218** or email to anita@webility.md
- Call Dave at **508-397-1204** or email to david.siktberg@webility.md
- <http://www.webility.md/praxis/showcase>
- Sorry, cannot provide help over the conference line

First ever Praxis Showcase!

INTENTIONS:

- Common-sense introduction to the BPSE model of sickness & disability.
- Practical examples of how these ideas can help improve medical, functional, and claim outcomes.
- Attract new members to Praxis Partners Consortium, our action-oriented community of mutual trust and respect with shared values that:
 - Is moving the healthcare, workers' compensation and disability benefits systems forward at the grass-roots level to improve human & financial outcomes.
 - Collaborates on projects and does business with one another, so we all thrive.

Chris Brigham

MD, MMS, FACOEM,FAADEP

President, Brigham and Associates, Inc.

Chris is internationally recognized as a thought leader on human potential, impairment, and disability. He is committed to working with others in the application of evidence-based medicine and best practices to promote function and avoid needless disability. He has a strong professional background, is board-certified in occupational medicine, highly credentialed, has edited and co-authored several books, and written over two hundred peer-reviewed articles. He is the Editor of the *Guides Newsletter* and Senior Contributing Editor for the *AMA Guides to the Evaluation of Permanent Impairment, Sixth Edition*. He is an accomplished professional speaker. He is passionate about creating change that will:

- 1) empower individuals to live productive lives and
- 2) reduce human and financial costs associated with disabling.

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Michael Coupland, CPsych, RPsych, CRC



President and Founder

Integrated Medical Case Solutions

Charter and Registered
Psychologist specializing for 35
years in Pain, Occupational
testing and measurement;

- Developer of COPE with Pain©
US and Canada Network of
Health Providers in Psychology

Author: AMA text on Functional
Evaluation / IAIABC Article
Chronic Pain / Outcome Study
on Early Intervention

Susan J Isernhagen PT

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Founder: DSI Limited LLC

And DSI Work Solutions Inc

- **Developer first Functional Capacity Assessment and DSI Job Function Matching® early return to work**

Specialties include:

- **Functional return to work testing**
- **Reducing lost time and disability**
- **Injury prevention and ergonomics**
- **Employer based loss reduction**
- **Compliance with non-discrimination**



Les Kertay, Ph.D.

Licensed Psychologist
Dr Les Kertay & Associates, LLC
Writer • Speaker • Leader • Coach

35 years in mental health, 13 years in executive leadership in disability insurance. Coaching, consulting, and advocating for conditions supporting the realization of human potential since 1979

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Fred Luskin



Frederic Luskin, Ph.D.

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Dr. Luskin is a Senior Consultant in Health Promotion and the Director of the Stanford Forgiveness Projects. Dr. Luskin's research demonstrates that learning forgiveness leads to increased physical vitality, hope, greater self-efficacy, enhanced optimism and conflict resolution skills. His research also shows that forgiveness lessens the physical and emotional toll of stress, and decreases hurt, anger depression and blood pressure.

He is the author of two well-known self help books *Forgive for Good*, and *Stress Free for Good*. He holds a Ph.D. in Counseling and Health Psychology from Stanford University.

Len Matheson



Leonard N. Matheson, PhD, CRC, CVE
Psychologist, Rehabilitation
Counselor, Vocational Evaluator
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A psychologist who has pioneered numerous innovations in medical rehabilitation. His background in rehab stems from 1925, when his paternal grandfather, injured in WWI, entered a new career through the VA and was able to support his family, and from 1928 when his maternal grandfather, an injured Tulsa, Oklahoma firefighter was not able to return to work, leading to the dissolution of his family. Len has been in academic medicine since 1970 and maintains an active consulting and counseling practice throughout the United States and Canada. He is especially committed to helping people with disabilities return to work and take care of their families.

Robin M. Nagel, MS, CDMS

Managing Principal, Full Circle Interdisciplinary Consulting



Robin Nagel applies lessons learned from her 30-year vantage point as a rehabilitation professional to support working Californians and organizational leadership, business partners and healthcare providers committed to restraining needless fiscal and human costs.

Through Full Circle Interdisciplinary Consulting, she contributes leadership in collaborative pursuit of the healthful benefits of work disability prevention and absence management, often engaging diverse stakeholders in constructive problem-solving.

Ms. Nagel earned a Master's of Science degree in Counseling from San Francisco State University and is a CDMS. Robin has chaired the California Consortium to Promote SAW-RTW since 2008 .

She is a founding member of Praxis Partners, a multi-stakeholder consortium committed to preventing needless health-related life disruption, functional impairment, work absence, and job loss.

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Jennifer Christian, MD, MPH



Phone: 508-358-5218

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- **Education:** Univ of Wash; Board cert. in occupational medicine. .
- **Expertise:** Leadership, outcomes improvement (health & function, disability), innovation & pilot programs.
- **Clients:** Employers, healthcare providers, managed care companies, disability and workers' compensation insurers, government agencies.
- **Current:**
 - New: Praxis Partners Consortium (multi-stakeholder)
 - Webility Corporation – management consulting & training
 - Maze-Masters Program – helping individuals “lost in the system” get their lives back on track
 - ACOEM - Chair, Work Fitness & Disability Section
 - FREE e-group -- Work Fitness & Disability Roundtable

Questions We Hope to Cover

- Why did you adopt the BPSE model?
- What do you see as its essence?
- Why do we need to shift to this model?
- What does “using it” mean in practical terms?
- Why is it used so rarely today?
- What are some first steps we can take to move in the BPSE direction?
- What metrics will tell us whether the BPSE model is working well?

Jennifer Christian



Chris Brigham



Michael Coupland



Susan Isernhagen

Les Kertay



Frederic Luskin, Ph.D.



Len Matheson



Robin Nagel



THANK YOU for attending!

- **We'll use your feedback & suggestions.**
- **Evaluate today's Showcase.**

www.webility.md/praxis/showcase

- **Learn more about Praxis Partners Consortium or apply to join us!** www.webility.md/praxis

(Panelists reconvene now for debrief)