

CONTINUING MEDICAL EDUCATION



DISCLOSURE STATEMENT 2010 - 2011

Activity Title: Mastering Tough Issues in the Stay-at-Work, Return-to-Work, and Start-Back-to-Work Process to Preserve Patient Function, Protect Jobs, & Prevent Worklessness 2011 (Various dates)

Faculty/Speaker Name: Mark Hyland (Please Print) Presentation date: 6/8/11

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Glossary of Terms

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Will your presentation include discussion of any:

Commercial products or devices with whom you and/or family members have a relationship? [ ] NO [X] YES
If yes, please identify Employed as a Manager & clinician for local rehab groups
Unlabeled/investigational drug use? [X] NO [ ] YES If yes, please identify

If yes, to either and/or both questions, I will disclose the above to the audience during my presentation and printed on syllabus/handouts

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I have read the above and the Disclosure Policy and agree to abide by it:

Signature: [Handwritten Signature] Date: 5/19/11

# **Mark D. Hyland, OTR/L, CHT**

## **Diplomate American Board of Disability Analysts**

### **Education**

- University of Alberta, Bachelor of Science in Rehabilitation Medicine: Occupational Therapy emphasis graduated 1989.
- University of Saskatchewan, Bachelor of Science in Psychology: Graduated 1986.
- Trained in the McKenzie Method of Mechanical Spinal Evaluation, Ongoing.
- Hand Therapy Certification Committee: Certified Hand Therapist, 1996.
- University of Florida: Certified Med-x lumbar and cervical operator, 1992.
- University of Florida: Certified in spinal musculoskeletal evaluation and rehabilitation, 1992.

### **Work Experience**

- *Director of Clinical Operations*, STI Physical Therapy and Rehabilitation, Inc. 1994- present. Responsibilities: Work/Industrial Programs and Hand Therapy, outpatient orthopedics, sports physical therapy, adult rehabilitation, work hardening/conditioning, hand and U/E rehab, functional capacity evaluations, ergonomic job analysis and consultation, interdisciplinary team management, clinical operations, staffing and employee development, physician relations, finances and marketing.
- *Injury and Disability Management Consulting*, 1993 to Present, ergonomics, job analysis/descriptions, ADA and OSHA compliance, early return to work programs, transitional/modified/light work duty programs, wellness, prevention programs, case management/review and medical-legal consulting as both plaintiff and defense expert.
- *Director*, Arizona Spine Rehabilitation Center, 1991-1994. Responsibilities: Patient care, clinical program development, functional/work capacity evaluation, daily operations, staffing, employee development and productivity, physician relations, business development and marketing.
- *Staff Occupational Therapist*, Therapy Rehabilitation Services, March 1991 to August 1991: outpatient orthopedics, neurological inpatient rehab.

### **Certifications/Affiliations**

- Certified Hand Therapist (CHT)
- Diplomate American Board of Disability Analysts (ABDA)
- Isernhagen Work Programs Certified FCE Evaluator
- Occupational Injury Prevention and Rehabilitation Society (OIPRS)
- American Society of Hand Therapists (ASHT)
- American Occupational Therapy Association (AOTA)
- International Association of Rehabilitation Professionals (IARPS)
- McKenzie Institute of America
- Licensed by Arizona Board of Occupational Therapy Examiners (#0461)
- National Federation of Independent Business (NFIB), Safety Committee Member
- City of Phoenix Fire Department
- Arizona Worker's Compensation Claims Association (AWCCA)
- Arizona Self Insured Association (ASIA)
- CPR Certified

### **Speaking Engagements/Lecturers/Presentations**

- Arizona Trial Lawyers Association 1995
- Rehabilitation Insurance Nurses Group (R.I.N.G) 1996
- Arizona Association of Industry 1997
- American Society of Safety Engineers 1998
- Arizona Worker's Compensation Claims Association 1999
- National Association of Rehabilitation Professional (NARPPS) 1999
- Association of Legal Administrators (ALA) 2000
- Arizona Trial Lawyers Association (2001)
- Arizona Institute of Minimally Invasive Surgery (2001)
- Arizona Worker's Compensation Claims Association (AWCCA) April 03

- Texas Back Institute Annual Educational Conference, February 2004 – *The OT in Work Rehab*
- Scottsdale Healthcare Annual Occupational Health Conference October 2005 – *The Aging Worker – A Risk All Employers Should Not Ignore*
- Workers' Compensation in Arizona, PESI Seminar October 2005 – *When to Consider an FCE*

### **Publications**

- Phoenix Fire Department, *The Job of Firefighting – An Analysis*, Oct. 1995 (unpublished)
- Arizona Claims Examiner, *When Should You Consider an FCE?*, Sept. 1999.
- Rehab Management, *Patient Compliance in Low Back Pain*, May/June 2000.
- OT Week, *Gaining a Foothold in Industry: Injury Prevention*, Vol. 13, March 1999.
- Rehab Management, *Industrial Expansion: The Story Behind Onsite Industrial Rehab Services*, August/Septemeber 2001.
- Arizona Claims Examiner, *Mercedes or Ford? The Choices We Make in the Managed Care Environment*. April/May 2002.

### **Awards and Achievements**

- May 2002: AOTA Distinguished Service Award.
- July 1999 – June 2002: AOTA Work and Industrial Programs Standing Committee Member.

## **Mark Hyland, OTR/L, CHT**

### **Diplomate American Board of Disability Analysts**

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Bachelor of Science, Rehabilitation Medicine (Occupational Therapy), University of Alberta, 1989

Bachelor of Science, Psychology, University of Saskatchewan, 1986

Mark Hyland has an extensive work history in outpatient orthopedic rehabilitation and management, sports therapy, soft tissue evaluation and treatment, hand therapy and work injury management including ergonomics and injury prevention. He has performed extensive research and analysis into the needs of local businesses and industry. Some of the companies he has developed programs for and consulted with include the Phoenix and Tempe Fire Departments, Shamrock Foods, Southwest Airlines, Washington School District and the State of Arizona. Mark's expertise lies in the areas of work injury management including establishing prevention and ergonomic programs in business and industry, rehabilitating the injured worker and disability management consulting. He has also consulted to business on the subject of various government rules, regulations and laws including the Americans with Disability Act and OSHA compliance and ergonomic standards.

Mark is licensed in the State of Arizona as an occupational therapist and has attained advanced practice board certification in hand and upper extremity rehabilitation and is a diplomat with the American Board of Disability Analysts. Mark has written articles published in industry newsletters and magazines including *Rehab Management* and lectured extensively to rehabilitation counselors and nurses, case managers, claims representatives, physicians, safety professionals, employers and attorneys.

Mark is a member of various professional organizations including the American Occupational Therapy Association, the Occupational Injury Prevention and Rehabilitation Society, the American Board of Disability Analysts, the McKenzie Institute, the American Society of Hand Therapists, and Isernhagen Work Systems. In addition, he sits on the Safety Committee for the National Federation of Independent Businesses (NFIB).

Mark has experience in the medical-legal arena providing expert witness testimony and independent evaluation in the area of physical and work disability and functional capacity and impairment rating exams. He has been hired as an expert for both defense and plaintiff counsel.

In addition, Mark is a champion bodybuilder and powerlifter. His titles include the 1990 Canadian Mixed Pairs Champion, the 1992 Arizona State Champion, 1997 Western Natural Champion and a 1998 third place finish in the Musclemania World Championships, 1997 Arizona State Powerlifting Champion and American bench press record holder. This personal experience has brought Mark a wealth of sport fitness, nutrition and human performance knowledge.